

Suraj Odekunle

International Abuse Advocate

“ #ABUSE
will spread like
a plague within our
community if we continue
to remain silent and not
take ACTION to overcome
historical trauma. ”

www.tmitmproject.com



Suraj Olagboyega Tokunbo Odekunle, born September 13th 1982, at Kings College Hospital London UK, currently works with children with disabilities/severe autism and studying an Msc in psychology.

Previous experience involved; working as a youth intervention facilitator whilst studying early child care development, basic counseling, assistant teaching, one-to-one support and offering Afrikan-Centered adult mental health services.

Independently, Suraj is an international public speaker, activist and community meeting / workshop facilitator.

SPEAKER TOPICS

THE MAN IN THE MIRROR PROJECT

My Brotha's Keeper Circle

An interactive gathering focusing on empowering our brothers who've suffered from trauma, lack of confidence, low self image/self esteem, anger and grief in a safe and nonjudgmental environment.

THE UNSPOKEN TRUTH BEHIND THE BLACK MAN'S ABUSE

Documentary Screening and Q&A

A screening of The Man In The Mirror documentary, followed by Q&A and a talk about the importance of why our young men need to speak out when dealing with trauma.

KEYNOTE ADDRESS / THE PRESENTATION

Suraj shares his story as a survivor and how to overcome the obstacles of abuse to become a whole and well person.

PRESENTATION SCHEDULE

5-MINUTE OPENING

5-MINUTE DOCUMENTARY TRAILER

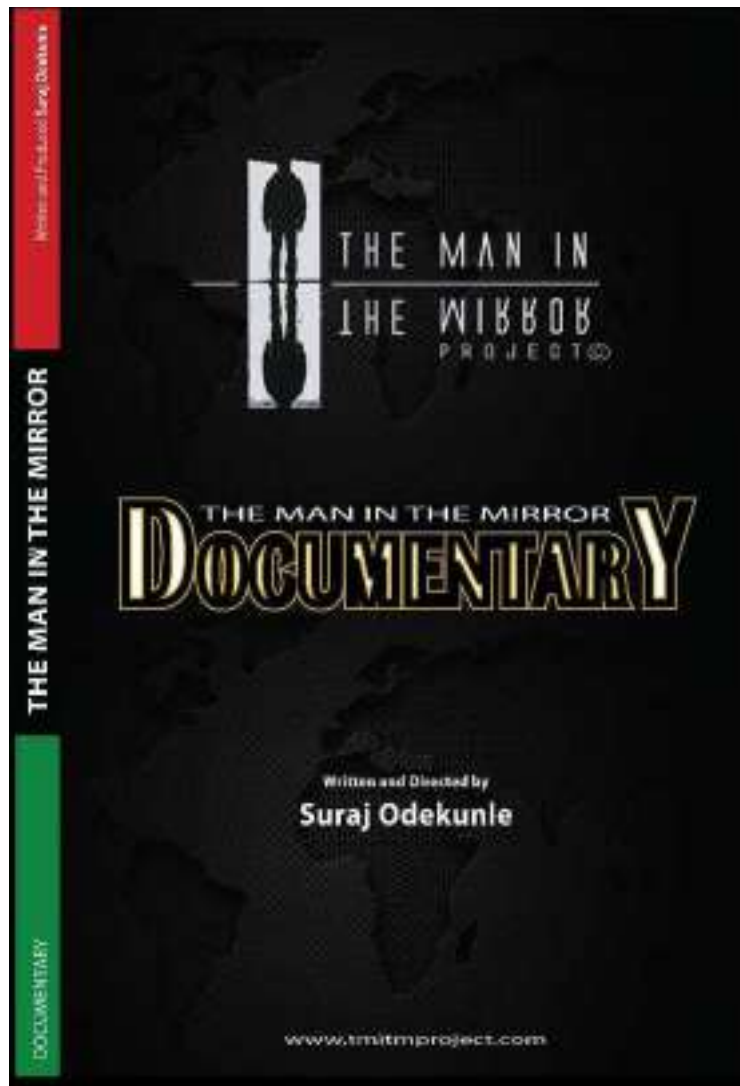
40-MINUTE POWERPOINT PRESENTATION

45-MINUTE Q&A

30-MINUTE GROUP SEGMENT

THE MAN IN THE MIRROR PROJECT

DOCUMENTARY FILM



TOPICS EXPLORED IN THE DOCUMENTARY

- Mental Health
- Foster Care/Child Welfare
- Street Music
- Physical Abuse
- Homelessness
- Gang Culture

THE MAN IN THE MIRROR

ABOUT THE MAN IN THE MIRROR DOCUMENTARY

The life and journey of a young Nigerian male, growing up in England, where abuse and discrimination were both in the forefront. In the struggle and pursuit towards the success of overcoming adversity.

This also involves controversial subjects that still remain to be stigmatised within the black communities in Britain and other parts of the diaspora such as: incest, sexual abuse, foster care, domestic violence, mental health, the public schooling system and black on black crime.

Written and Produced: Suraj Odekunle
Co-Written by: Cezanne Poole
Directed by: Akpe Odehena

Guest Features Include:

Suraj Odekunle (Founder of The Man in The Mirror Project)
Mnwe, Poet/Hip Hop Lyricist
Leah Salmon (Founder of ed Teaching Our Own)
Cheryl Pharoah-Henry (Founder of the Black Child Agenda)

Official Release September 2014, United Kingdom, UK

THE MIRROR PROJECT

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THE MAN IN THE MIRROR PROJECT

MISSION

Our project explores the truth behind the black man's #ABUSE through offering programmes, presentations and webinars. To educate, support and create awareness of the historical trauma surrounding black males within the diaspora.

OUR GOAL

1. To create self-awareness of identity and an understanding of intergenerational trauma, which can help our brothers embrace healing, self-care and make peace with their past.
2. To build racial-esteem and personal development, where brothers can embrace their new found confidence and express themselves in positive manner.
3. To collaborate with similar Afrikan-Centered projects that introduces healing to our people.
4. To restore balance, encourage and promote healthy relationships within the black community between our men and women.
5. To be open to receive any new information that can improve our service or research methods.

ABOUT THE PROJECT

Founded in London UK, February 2017. We offer services from one-to-one therapy, support & wellness groups, retreats and bookings for the screening of The Man In The Mirror Documentary including; A presentation on the UNspoken truth about the black man's #ABUSE and Q&A.

MY BROTHA'S KEEPER

WELLNESS AND EMPOWERMENT CIRCLE

The program will provide ongoing support for our brothers through the healing process, encouraging them to openly express their vulnerabilities in a safe and non-judgmental environment. Where they can identify unproductive behavioral patterns that hinders their progression and development from traumatic experiences moving forward.

Providing the opportunity to meet, discuss, develop work around internal healing and most importantly building a healthy relationship with self by being innovative and embrace their true identity through self-reflection.

Our team are made up of trained and qualified professionals, coaches, psychotherapists who will facilitate 1-2-1 sessions, group discussions, workshops and team building exercises.

This will also empower and create awareness in areas to promote wellness, which includes; Accountability, Self Care, History, Identity, Financial Literacy, Emotional Abuse - Mental & Physical Health, Wealth, Relationships, Afrikan Spirituality/ Cleansing and Diet & Nutrition.

MY BROTHA'S KEEPER RETREAT

MY BROTHA'S KEEPER RETREAT

Coming Soon

This is an opportunity for Men and Women to come together for a Weekend in a peaceful, safe environment, to participate in workshops and receive educational, relaxation services and classes to enhance and progress their healing journey. Our retreat is facilitated by professional staff that will present lectures highlighting current issues with our men being victims of sexual, physical, mental and systemic abuse and how trauma can give birth to the perpetrator. We provide historical insight on the effects of intergenerational trauma and how we can identify the signs, also introducing a support system for our people in need of healing.

Attendees who are registered to “My Brothas Keeper” wellness program are also entitled to join our quarterly retreats. Investing in harmonious quality time in a reflective setting away in national and international, rural locations. This retreat will assist you in becoming in-tune with nature, one with self, practice stillness and be at peace within. This experience will include long walks, stretching exercises, meditation, group discussions and workshops and more.

On successful completion of the program each member will receive a certificate of achievement along with a “My Brothas Keeper” gift package.

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PREVIOUS ENGAGEMENTS



SPEAKER REQUIREMENTS

TO RESERVE YOUR DATE THE FOLLOWING IS REQUIRED IN OUR OFFICE:

- (1) Signed Contract
- (2) Deposit

**TO CONFIRM PARTICIPATION AFTER THE ABOVE IS SATISFIED,
THE FOLLOWING IS REQUIRED 30 DAYS PRIOR TO YOUR EVENT:**

- (1) Balance
- (2) Airline Ticket
- (3) Lodging
- (4) Ground Transportation
- (5) Meals: Suraj's diet consists of Vegan or Pescetarian meals, fresh squeezed juices, and alkaline or spring water. If there are any questions concerning food preparation for meals, kindly call our office.
- (6) Equipment: Items preferred for presentation are projector and screen, DVD player, cordless microphone, audio equipment for music, vending table, dressing room.

MARKETING & PROMOTIONS:

- Please share your promotional calendar for this Event.
- Please share on your social media platforms.
- Please share any photos and/or video of the event.
- Please share the event mailing list.

PRESS

APPEARANCES/INTERVIEWS:

BEN TV
Omega Radio
Colourful Radio
London Live Radio
Genesis

<http://www.ourleftfootforward.org/archived-news.html>

<https://www.facebook.com/106883742675483/posts/1822528097777697/>

<http://www.kicktraq.com/projects/1611624421/the-man-in-the-mirror-0/>

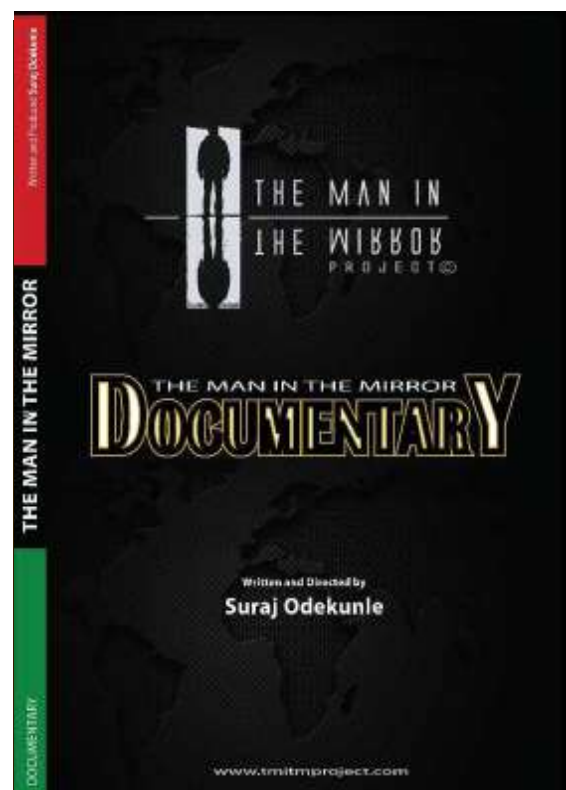
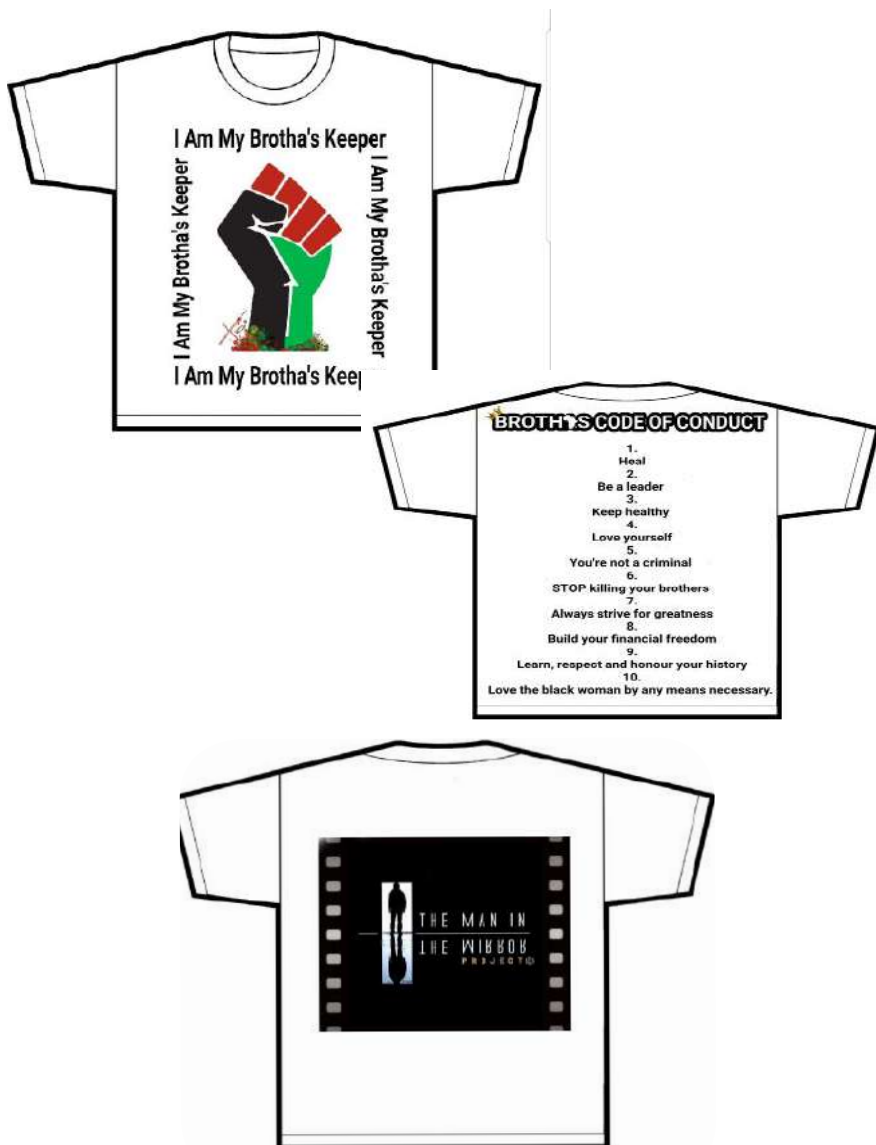
<https://youtu.be/D7qAm3V3Nc0>

https://issuu.com/storiesofsuccessuk/docs/sos_magazine_207

<http://www.ligali.org/article.php?id=2415>

MERCHANDISE

T-SHIRTS



DVD

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